

Ki Village Health Councils



MSRLS
Meghalaya State Rural Livelihoods Society

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Ka VHC ka dei ka seng jong ki shnong ka ban pynsngewthuh ia ki paidbah halor ki mat kiba iadei bad ka koit ka khiah bad ki rukom bam ba tei ia ka met, ka iarap ruh ia ki nongshong shnong ba kin tip halor ki mat ka koit ka khiah kiba lah ban ktah ia ki bad ha kajuh ka por ka iarap ruh ia ki paidbah ba kin thaw ia ki lad ban pynbeit ia kine ki jingeh. Ka VHC kan mih pli ha ka jaka ka Village Health, Sanitation & Nutrition Committee (VHSNC).

Ki Kamram ba kongsan ka VHC

1

Ban iatai halor ki jingeh ki paidbah ha kaba iadei bad ka koit ka khiah bad ka bam ka dih bad ban shim ia ki lad ban sngewthuh bad pynbeit ia ki jingeh.

2

Ban iatreilang bad ki bor sorkar ha kaba pyniaid ia ki VHND bad ruh ban iarap ha kaba pynioh ia ki lad jingshakri

3

Ban pynsngewthuh ia ki paidbah halor ka koit ka khiah & jingbam tei met. Bad ruh ban pyntip sha ki bor sorkar ia ki jingeh jong ki paidbah.

Mano ba lah ban long ki dkhot ka VHC?

General Body

Ki khlieh ka iing (kynthei bad shynrang) jong man ki longing ha ka shnong

Executive Committee

- 10-20 ngut ki dkhot ba la jied da ka shnong
- Man ki dkhot kin mihkhmat ia ka kynhun ki longing
- 50% ki dkhot kin dei ki kynthei
- Lah ban shah jied biang man ka 3 snem

Nongialam

Chair

Rangbah Shnong
(lane bathung u Rangbah Shnong)

Co-Chair

President ka VO
(lane i dkhot kynthei jong ka EC jong ka VEC, lada ym don VO ha shnong)

Secretary

I dkhot bapura ka EC
(lait noh ki ASHA, ANM lane AWW)

Ki dkhot bapura (permanent)

ASHA, AWW, ANM, CGHA, Nonghikai

Ban thaw ia ki VHC ha ki shnong jong phi

Hadien ba ki ophis Block ki la dep ai jinghikai ia ki kynhun na ki shnong, ki lah ban bud ia kine ki kyndon ban thaw ia ki VHC ha ki shnong.

1 Pynsaphriang jingtip shaphang ki VHC

- A. Ha kaba nyngkong dei ban kynduh bad u Rangbah Shnong bad kiwei ki nongialam shnong ban iathir jingmut halor kumno ban seng ia ka VHC bad ha kajuha por ban buh Tarik na ka bynta ka jingialang shnong bad ka jingjied ia ki dkhot jong ka Komitei.
- B. Khot jingialang ia ki dkhot ka SHG ban iathuh shaphang ka VHC, kumno ka lah ban iarap ia ka shnong ka thaw bad ba kin iarap ban pynsaphriang ka khubor sha ki longiing longsem bad ki marjan marpa bad kumjuh ruh ban batai shaphang ka jingjied ia ki dkhot.
- C. Leitrung sha ki longing bym don ki dkhot SHG ban iathuh ia ki shaphang ka VHC bad ka jingjied ia ki nongkitkam jong ka VHC.
- D. Iasyllok bad ki longkmie longkpa kiba pawkhmat bad sngapthuh ia ki,ki kwah ne em ban long ki dkhot ka Executive Committee jong ka VHC.

2 Ki jingialang Shnong

- A. Ha ka por ba long ki jingialang shnong, pyntip ia baroh ia ka jingthmu jong ki VHC bad ki kamram jong ki Executive Committee.
- B. Ailad ia ki paidbah ba kin buh jingkylli bad thoh ia ki jingkylli kiba phim lah ban jubab.
- C. Pynlong ka elekshon ban jied ia ki dkhot ka Executive Committee jong ka VHC. Nangta kane ka committee kan sa hap ban jied ia u Secretary.
- D. Ki dkhot EC ki dei ban soi ia ka Village Health Agreement.
- E. Phah ia ki nongshong shnong kiba poi jingialang ba kin iakynduh ia ki dkhot EC lada ki don jingeh kiba iadei bad ka koit ka khiah ne bad ki rukom bam batei met.
- F. Buh tarik bad por ban pynlong ka jingialang jong ki dkhot ka EC.

3 Pyntip ia ka kynhun ka Block Team

- A. Mar ia dep jied ia ka EC jong ka VHC, ka kynhun ka dei ban phah ia ki kyrteng jong ki dkhot ka EC sha ka kynhun jong ka Block.
- B. Phah ia ka dur jong ka Village Health Agreement sha ka kynhun jong ka Block.
- C. Phah jingtip sha ka kynhun jong ka Block lada don ki jingwad jingtip ne jingkylli kiba mih ha ka por ba long ki jingialang shnong

Monthly VHC Meetings

VHC should meet at least once per month. Arrange a day to meet every month at the same time and place.

Shwa ka jingialang

- Buh ia ka tarik bad por ba lait ki paidbah BAD jied ia ka jaka iakynduh
- Pyntip sha ki rympei iing ba kin wan jingialang. Kham pynleit jingmut ia ki longkmie armet bad ki khynnah.
- Pynshlur ia ki rangbah ba kin iadonlang. Ki nongialam VEC kin iarap ban lum ia ki rangbah
- Pynthikna ba ki dkhot EC, bad ki dkhot pura (ASHA, AWW, kiwei) ba kin iadonlang

Ha ka por long jingialang

Ka nuksa jong ki mat iakren ha ka jingialang

- Bishar bniah ia ki kam ba la dep leh ha u bnai ba la lah: Kaei ngi leh bad haduh katno ka long kaba jop?
- Hato ki don ki jingeh ha ka liang ka koit ka khiah bad ha ka liang ka bam ka dih kiba tei met kiba ki nongshong shnong ki iakynduh ? Kiei kiba ngi lah ban leh?
- Lano yn pynlong sa kawei ka Village Health & Nutrition Day (VHND)? latreilang bad ki nongtrei ka Block ban pynlong ia ka VHND.
- Kiei ki kam ban leh ha u bnai ban wan?
- Ki don ki mat kiba ngi dei ban pyntip sha ki heh jong ki Block?



Kumno ban pyniaid ia ka jingialang VHC

- Baroh ki dei ban shong pyllun bad ki dei ban pynithuh ialade..
- Pynshlur ia baroh ba kin pynpaw ia ki jingsngew jong ki.
- I Secretary in buh jingthoh ia ki kam ban leh bad ki mPule ia ki rai ha kaba kut ka jingialang.
- Pule ia ki rai ha kaba kut ka jingialang.

Hadien ka jingialang



- Peit ba ki dkhot EC, ki dkhot bapura bad kiwei ki nongshong shnong kin pyntrei ia ki rai kiba la shim ha ka jingialang
- Ki dkhot jong ka EC kin buddien ia ki longkmie ba la jan dei ka por kha ban pyntikna ba ka jingpynkhreh ia ka por kha ka long kaba janai ba kin kha suk.
- Pyntip sha ka kynhun Block bad MO ia ki jingeh kiba la pynpaw ha ka jingialang
- Pyntip sha ki kynhun Block bad MO ban pynthikna ia ka tarik pynlong ia ka VHND



Leit rung ne phone sha ki rympei iing kiba don ia ki longkmie ba armet bad ki khynnah ban peit la ki donkam jingiarap. Pynshlur ia ki longkmie ba kin leit kha khun sha ki jaka. sumar.



Iarap ban pynbiang kali ban pynkit sha ki jaka sumar ia ki longkmie ba armet bad ki bahaiing lada kim don lad.



Iarap ban pyniaid ia ki kper thung jhur ha shnong bad ialum lang ban shet ia ki jingbam batei met na ka bynta ki longkmie ba armet bad ki khynnah.



Pynthikna ia ka jingpynlong ia ki VHND bad khot ia ki nongshong shnong ba kin leit sha ki VHND na ka bynta ban phah peit ia la ka koit ka khiah bad jingai tika.



Iarap ban iit ia ki khynnah kiba duna haka jingbam tei met bad hikai ia ki longing kumno ban pynbiang ia ka rukom bam, ban leit sha ki Anganwadi bad jaka sumar lada donkam.



Iathuh ha kiba dei khmih ia phi bad ha ki MO lada don jingeh ha ka liang ka koit ka khiah lane ha ka liang ki jingeh ban ioh ia ka jingbam ba teimet kaba ka shnong ka donkam jingiarap ban pynbeit ia ka.

**Ki nuksa
jong ki
kam ka
VHC**